



## Jeremy Lewis PhD FCSP

Consultant Physiotherapist | Professor of Musculoskeletal Research | Sonographer | Independent Prescriber

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Jeremy Lewis is a Consultant Physiotherapist and Honorary Professor of Musculoskeletal Research (University of Nottingham, UK) and Professor of Physiotherapy (University of Limerick, Ireland). He was born in New Zealand and trained in Australia. He works in the UK National Health Service. He has been awarded a Fellowship of the Chartered Society of Physiotherapy, which is the highest award the CSP can offer.

He has been acknowledged as an eminent clinician in his profession (UK Department of Health National AHP Clinical Expert Database). Clinically, Jeremy assesses and supports people presenting with complex shoulder problems. Jeremy has also trained as a sonographer and performs ultrasound guided shoulder injections as part of the rehabilitation process if required and appropriate. He has also completed an MSc (Musculoskeletal Physiotherapy), and Postgraduate Diplomas in Sports Physiotherapy, and in Biomechanics, as well as MSc modules in injection therapy for soft tissues and joints. He also has a Postgraduate Certificate in Diagnostic Imaging (Ultrasound). He has also qualified as an Independent (non-medical) Prescriber.

Jeremy has taught over 500 international workshops in over 45 countries and territories on this favourite clinical subject, the shoulder. He is frequently invited to present keynote and invited lectures internationally, has appeared on news programs and presented podcasts talking about shoulder problems. His research and publications have been picked up by international news organisations. His YouTube™ video: <https://www.youtube.com/watch?v=5bUf9VcYLml> has over 850,000 views and has been translated into 5 languages. His keynote lecture at IFOMPT is available online: <https://www.youtube.com/watch?v=XEy5k6GBYZ4>, as well as at SportFisioSwiss: <https://www.youtube.com/watch?v=QVRTZm3pl3Y>

Jeremy works both clinically and in the academic world and has more than 200 research publications. His main areas of research interest are rotator cuff related shoulder pain, frozen shoulder, injection therapy, exercise therapy self-management, sustainability and . He also writes about “The medicalisation of normality in musculoskeletal practice” <https://www.jospt.org/doi/full/10.2519/jospt.2020.0601> (open access). He has also co-authored a paper entitled: *Is it time to reframe how we care for people with non-traumatic musculoskeletal pain?* Since publication in 2018 it has been downloaded 136K times, and it is available open access <https://bjsm.bmj.com/content/52/24/1543.info>. He regularly posts his and other people’s research <https://twitter.com/JeremyLewisPT>.

He has recently edited and authored a book: *The Shoulder: Theory & Practice*. The first print run of 2000 books sold out internationally in 2 weeks and 4 days, and the second run, in under 3 weeks. It was recently classified as a top 10 best-seller. In addition to his own research, he supervises PhD and MSc students. Jeremy is a special features (Viewpoint) editor for the *Journal of Orthopaedic and Sports Physical Therapy* (JOSPT). He was a co-editor and author for *Grieve’s Modern Musculoskeletal Physiotherapy* (4<sup>th</sup> ed) and is currently part of the editorial team for Edition 5. He has written many book chapters and has written the forewords for 4 internationally acclaimed textbooks.

Jeremy loves gardening, carpentry, Tai Chi, and riding his bike through the woods, but readily admits he isn’t great at any of these activities.