

Alli Gokeler



A seasoned sports physiotherapist with a wealth of experience spanning over three decades, specializing in ACL injuries. Holding a PhD from the University of Groningen in Motor Control post ACL reconstruction and a post-doctorate from the University of Paderborn, Germany, Alli is renowned for his expertise in motor learning, neurocognition, and neuroplasticity following injury.

With a robust portfolio of over 100 publications, Alli is a trailblazer in evidence-based rehabilitation strategies. His deep-rooted commitment to teaching for over two decades equips him with a profound understanding of the challenges inherent in the rehabilitation process.

Leveraging this extensive experience, Alli has developed a groundbreaking methodology tailored for physiotherapists and athletic trainers to elevate their practice and enhance patient outcomes. Connect with Alli Gokeler to revolutionize your rehabilitation approach and optimize recovery for athletes at every level.